

ARMY  
MEDICAL  
MAY 7 - 1948  
LIBRARY

# OVER HERE

OFFICIAL PUBLICATION OF U. S. ARMY GENERAL HOSPITAL, NO. 3.

Volume I.

Rahway, N. J., Friday, June 20, 1919.

No. 30.

## Celebrate July 4th With Big Field Day

### All at Hospital Will be Given Chance to Enter Various Events for Prizes

The second big field meet to be held at this Hospital will take place on the athletic field on July 4th. It will be a combined celebration of Independence Day as well as another opportunity for those at the Post to show their athletic ability.

Philip Heusel, of the entertainment office of the Red Cross, is in active charge of the arrangements. He is being assisted by representatives of the welfare organizations and by officers and managers of the various departments.

While the complete program probably will not be announced until next week, it is certain that the list of events will be as varied as was the program on Memorial Day. In the July 4th meet, the Nurses and Aides, who furnished so much entertainment in the cage ball contest, will be given the chance of entering a shuttle relay race. The patients will be entered in quoits, wheel-chair race, crutch race, foul shooting, cage ball, artificial leg contest, deep knee bending and other events. For the corpsmen there will be running and jumping events and weight contests. The Officers also will have special track and weight contests.

Mr. Heusel has announced that the Red Cross will furnish the prizes. The exact nature of the awards has not been determined although it is certain that the prizes will be worth while.

Everyone at the Post should take an interest in the July 4th field meet and thus help to make it even more successful than the one of May 30.

#### A THOUSAND A DAY.

New cases of war disabled men registered with the Federal Board for Vocational Education as prospective training and placement cases, number over a thousand a day. These cases are being handled in the 14 district offices of the Federal Board. Not all of the men enter vocational training courses; some prefer or think they prefer to take the first job offered and others can go back to their former trade without training. They may come back for training later. In still other cases initiation of training must be deferred for the time being, until their eligibility for compensation under the War Risk Insurance Act has been finally determined.

Captain Barnett and Captain Mauck have been discharged and have returned to their homes.



THE HOSPITAL BASEBALL TEAM

—Photo by Corporal E. A. Dahlheimer

The Hospital team has been making a fine record and is leading the Hudson River League, composed of hospital teams. The next league game in which our team will engage will be at Camp Merritt on June 21. The Bronx Hospital team will play here June 28. The team will go to New York July 5 to play Debarkation Hospital No. 5. In this picture are

shown the players; the Commanding Officer, at the extreme left; Major Sellers, assistant Commanding Officer, at the right, and Mr. Wilson, late secretary of the Y. M. C. A., sitting in the front row. At the extreme right of the front row is the colored mascot, Mr. Heusel, of the Red Cross staff, is coach; Mr. Germain, of the Y. M. C. A., is manager.

### Helping Wounded Soldiers In Use of Artificial Limbs

C. R. Weibell, of the Red Cross staff, has been permanently assigned to General Hospital No. 3, where he is assisting Sergeant Altman in the Physical Therapy department. Mr. Weibell is specially fitted to help the men who are learning to use artificial limbs because he has been wearing them himself for twenty years. Although he lost both legs in a railroad accident he is able to walk, dance, kick a football and indulge in a number of games.

Mr. Weibell spent several months at Debarkation Hospital No. 5, New York City, where he was highly successful in teaching the men the use of artificial limbs and also in improving their mental state by convincing them that the loss of a leg or an arm is not necessarily a handicap.

Patients who have undergone amputations are urged to visit the Physical Therapy department and get acquainted with Mr. Weibell. His suggestions and practical demonstrations will be of immediate value and also should hurry along the date of discharge.

The order which prohibited enlisted men from going to Rahway was revoked Monday.

### Hospital Enjoys Carnival Held at National Canteen

An entertainment which will long be remembered was that held Wednesday at the National canteen, the event being a carnival which continued from 3 to 10. The house and grounds were crowded with hospital visitors and the various attractions were in operation throughout the day. The enlarged porch provided a splendid stage for the orchestra and the entertainers.

The carnival attractions offered a number of novelties which proved particularly attractive to the large number of patients who visited the canteen. Refreshments were served in carnival style.

Miss Brooks, the hostess, was assisted by 150 girls from nearby towns.

#### OFFICERS PROMOTED.

The following promotions in rank among staff officers at this Hospital has been announced:

Captain Robert R. Sellers, M. C., to be Major; 1st Lieut. John H. E. Fust, M. C., to be Captain; 2nd Lieut. Richard J. Walsh, S. C., to be 1st Lieutenant; 2nd Lieut. Lorenzo C. Denslow, S. C., to be 1st Lieutenant.

### Hospital's Exhibit Interests Visitors

### Display of Reconstruction Work, at Atlantic City, Proves Big Success

Representatives of U. S. A. General Hospital No. 3 have just returned from the Government Scientific Exhibition recently held at Atlantic City, N. J., in connection with the Convention of the American Medical Association. The display made by the Division of Physical Reconstruction of the Surgeon General's Office met with enthusiastic interest on the part of all visitors—lay and professional—to the large exhibition hall at the corner of Knetucky Avenue and the Boardwalk.

Many who came to the Exhibition were delighted with articles manufactured by patients who have received Arts and Crafts instruction during convalescence. Scores of the useful and decorative pieces of work—trifles in beadwork, basketry and woodcraft, as well as specimens of antique artistry—found purchasers, the proceeds of sales being turned over to the patients who worked on these projects. This section of the display was under the direction of Mrs. C. G. Wheeler-Jones of this hospital, who arranged a miniature reproduction of the activities carried on in Occupational Therapy at Colonia. Frank Jones, the tin-can genius from Ward 27, and Sergeant Crowell, of Ward 29, pleased all visitors with the unique articles of their manufacture and sold many airplanes, automobiles and submarine chasers constructed entirely of cracker-boxes, sardine tins and tomato cans. Private Ricciardi, recently of Colonia, and now of the Base Hospital at Camp Dix, and Private Bonaventure, of Ward 26, held an interested crowd of spectators with exhibitions of their deftness in the creation of wicker-work and bristle articles. Many of these were sold long before they had grown to completion at the tips of the workers' clever fingers. Hammered brass-work was demonstrated by Sergeant Elmer Freeman, of the Educational Service. Miss Ethel A. West, Reconstruction Aide in Occupational Therapy, presided over the booth at which these products were offered. The proceeds of sales approximated \$300.

Equal interest was evoked by the Curative Woodworking Shop operated in the Physical Reconstruction alcove under the direction of Lieutenant Lorenzo C. Denslow, S. C., of the Educational Service. Sergeant Leopold, who is in charge of wood-working at the School, demonstrated instruction of this branch, Privates



James Wood, Samuel Scritchfield and John Cunningham, of this hospital, illustrating the manner in which cases of bone-graft and ankylosis due to severe injury are aided in the Curative Workshops. For this purpose a foot-power lathe, a foot-power mortiser, and hand-power trimming and tenoning machines were brought from the shop at Colonia. Without exception, men prominent in the scientific world applauded this effort to combine vocational—or at least avocational—work with curative effort, providing at the same time, through the sale of manufactured articles, an incentive to perform consistently earnest work and thus stimulating the psychological attitude of patients confined to the hospital for long periods of time.

Visitors passed from the Wood-working Shop to the Metrotherapy booth, where the methods developed by Hospital Sergeant Adam Gilliland for the measurement of improvement in joint-movement were demonstrated. The entire equipment for Metrotherapy, or "Curative Measurement," comprising devices for the measurement of wrist, finger, elbow, knee and ankle movement, were brought from Colonia for display, and excited marked comment. Not only surgeons, but men interested in the industrial aspects of joint injuries made application for additional information, with a view to the establishment of similar systems in their institutions. A number of typical charts demonstrated the correlation which has been found to exist between work in the Curative Woodshop and improvement of joint-movement as indicated by measurement on the Metrotherapy devices. Such charts serve also as a source of information regarding the patient's progress, not only for the surgeon but for the subject as well, the latter being thus kept in touch with his own improvement, strives each day to better his previous record on the measuring instrument, and is accordingly aided in the support of his morale. This branch of the Physical Reconstruction display was under the direction of Sergeant S. W. Strauss, of the Educational Service.

Miss Margery McGahan, Reconstruction Aide in Physio Therapy, demonstrated the use of a faradic current for the excitation of muscle-movement of which the patient is voluntarily incapable by reason of nerve injury. Private Nicholatis, of Colonia Hospital, received treatment of this character at the booth for the instruction of visitors.

Mrs. Wheeler-Jones was warmly complimented on the display, especially by Major-General Merritte W. Ireland, Surgeon General of the Army; Colonel Frank Billings, Chief of the Division of Physical Reconstruction, and Lieutenant-Colonel A. P. Upshur, Commanding Officer of General Hospital No. 3.

The following is a partial list of those from General Hospital No. 3:

Lieutenant-Colonel and Mrs. A. P. Upshur, Major and Mrs. F. H. Albee, Major Sellers, Major Corbusier, Major Bodensstab, Captain and Mrs. Barnett, Lieutenant and Mrs. Barry, Lieutenant Beahm, Lieutenant Weigle, Mrs. Katherine Phillips, American Red Cross.



THE POST BASKETBALL TEAM

—Photo by Pvt. Andress, Ward 21.

The basketball players have closed their season and have given place to the baseball players and track athletes. Shown in the picture are, top row, left to right: Dean, Cleary, Major Gagon, Gardner, Rader. Lower row: Druck, Small, Davis (captain), and Gowans.

## Post Team Leading Hospital League

The team representing General Hospital No. 3 is leading the Hospital Baseball League and is playing a brand of baseball that should enable it to maintain its position during the season. Saturday's game, in which the team defeated the fast organization from Hospital No. 8, Otisville, N. Y., was a pleasant treat, inasmuch as the Otisville team has won a fine reputation.

Our team is doing such good work that the few enlisted men who have made themselves conspicuous in the grandstand by shouting derisive remarks at the players, should change their attitude and become rooters for the team. It should be remembered that the boys are playing for the entertainment of the Post and that the best way to help them along is to show "family" pride in their work. In other words, boost—don't knock.

The results of recent games follow:

### Thursday's, June 12, 1919.

A fast seven inning game was played between the New Brunswick A. A. and the hospital team, our boys coming out the winners by a score of 8 to 4. Our boys played a great game in the field, and did some timely batting.

#### HOSPITAL TEAM

	R.	H.	P.	O.	A.	E.
Cunningham, 1b ..	1	3	8	0	0	
Hefner, 2b .....	1	0	2	3	0	
Gardner, 3b .....	0	0	0	1	0	
Gowans, lf .....	2	2	0	0	0	
Petronis, rf .....	1	1	0	0	0	
Barker, p .....	0	1	0	2	0	
Witt, cf .....	1	1	1	0	0	
Ward, ss .....	1	1	1	0	0	
Heine, c .....	0	0	2	0	2	
Fetty, c .....	1	0	7	0	0	
Total .....	8	9	21	7	2	

#### NEW BRUNSWICK A. A.

	R.	H.	P.	O.	A.	E.
Freidberg, cf .....	1	1	1	0	0	
Stahlin, 3b .....	0	1	0	1	0	
Wolff, 1b .....	1	1	10	0	0	
Nixon, p .....	1	1	0	3	0	

McCabe, rf .....	0	1	2	0	0	
Hefferman, lf .....	0	0	1	0	0	
Tatarsky, ss .....	0	0	0	3	1	
Weingart, c .....	0	0	4	1	2	
Van Syckle, 2b .....	1	0	0	4	0	

Total .....	4	5	18	12	3	
Hospital Team .....	0	5	11	1	x—8	
New Brunswick .....	2	2	0	0	0—4	

Home run, Gowans, Friedberg; three base hits, Witt; two base hits, Cunningham, Nixon; stolen bases, Cunningham, Gowans, Ward, Van Syckle; struck out, by Barker ten, by Nixon four; base on balls, off Barker 1, off Nixon 1.

### Saturday, June 14, 1919.

The U. S. A. General Hospital No. 8 Team, of Otisville, N. Y., was defeated here in the first league game, by the score of 9 to 3. The Hospital Team of Colonia put up a fast game in the field, and gave Hefner good support, pulling off some real fast plays. Most of our runs were the result of good timely batting and fast base running.

#### COLONIA.

	R.	H.	P.	O.	A.	E.
Cunningham, 1b ..	2	1	16	0	0	
Hefner, p .....	1	0	2	6	0	
Gardner, 3b .....	0	0	1	1	2	
Fetty, c .....	2	3	2	0	0	
Petronis, rf .....	1	0	0	0	0	
Barker, 2b .....	1	1	4	6	2	
Gowans, lf .....	0	1	1	0	0	
Witt, cf .....	1	1	1	0	0	
Ward, ss .....	1	0	0	3	0	
Total .....	9	7	27	16	4	

#### OTISVILLE.

	R.	H.	P.	O.	A.	E.
Greco, lf .....	0	0	1	0	0	
Farrell, 3b .....	1	1	1	1	1	
Matteson, c .....	1	3	9	2	0	
Dolan, 1b .....	1	2	3	0	1	
Van Noy, 2b .....	0	1	3	0	3	
Brown, ss .....	0	0	2	2	3	
Wright, rf .....	0	0	2	0	1	
Sanders, rf .....	0	0	0	0	0	
Gailey, cf .....	0	1	2	1	0	
Roberts, p .....	0	0	0	0	1	
Noon, p .....	0	0	1	0	1	
Total .....	3	8	24	6	11	

Colonia, N. J. ... 5 0 3 0 0 0 1 x—9  
Otisville, N. Y. ... 1 0 2 0 0 0 0—3  
Two base hits, Barker, Gowans,

### SPEAKING OF NURSES.

Since her recovery, Miss Wheeler no longer has a rocking chair in her room. It was broken, anyhow.

Miss Hunt has a new hat—and it has feathers, my dear, feathers. We haven't seen the feather duster since.

There is talk of organizing a baseball team among the Nurses. Miss Kimmelman is to be the "Major" and Miss Sullivan the "Captain."

Miss Wahler has discovered a new place in which to take a nap.

An interesting romance is developing in "the model ward." Which ward is that? We'll never tell.

Several spectacular midnight parades have been held in that part of Nurses' Quarters known as "Hogan's Alley." Umbrellas, blue hats and everything.

Cunningham; three base hits, Fetty; stolen bases, Cunningham, Hefner, Barker, Gowans (2), Witt, Ward, Farrell; sacrifice hits, Petronis, Ward; hits, off Roberts 4 in three innings, off Noon three in five innings; base on balls, off Roberts, Cunningham, Gardner; off Noon, Ward (2); hit by pitched ball, Witt; struck out, by Hefner two, by Roberts two, by Noon four.

### Sunday, June 15, 1919.

The Wacark Wire Company Team of Elizabeth was defeated in a one-sided game by the score of 19 to 1. Our boys pounded the ball for a total of seventeen hits, having three home runs, one three-bagger, seven two-baggers, and six singles.

Hospital Team ... 6 2 1 4 4 0 2 x—19  
Wire Co. .... 0 1 0 0 0 0 0—1

Home runs, Cunningham, Gowans, Witt; three base hits, Fetty, Cummings; two base hits, Hefner, Fetty, Petronis, Barker (3), Gowans, Ritchie, Neuman; stolen bases, Hefner, Petronis (2), Barker, Witt (2), Bolle (2); sacrifice hits, Petronis, Ward; base on balls, off Barker 1, off Neuman 1; hit by pitched ball, Waldron; struck out by Barker, 5; by Neuman, 9.

### Baseball Notes.

The Colonia Team is leading the League, as the other teams have been defeated.

Barker and Scotty Gowans were there in the first with two-baggers that brought in five runs.

Ward played a star game at short. Our infield pulled off some real fast plays, and showed the crowd some real team work. The outfield accepted all the chances that came their way. Hefner had too much on the ball and the 'Otisville Ball Rollers' could hardly get the ball past our infield.

The "Colonia Pill Rollers" gave the Otisville boys the same medicine they have been handing out to all other teams, by driving their first pitcher to cover.

Next Saturday, June 21st, our boys go to Camp Merritt, N. J., for a game with the hospital team of that place. Every one who can, go along and root for the boys of Colonia; they are showing us real baseball, so let's all get together and follow the team to Camp Merritt, N. J.

The boys are still hitting the ball hard, getting three two-baggers, and a three-bagger. They also pulled off inside baseball at the bat, working the hit and run play.

Hefner had perfect control, not one Otisville man getting a base on balls.





POST CARICATURES  
DR. (formerly Lieutenant) SYBENGA  
—Drawn by Lieut. McNamara.

#### ENTERTAIN IN WARDS.

The Montclair Camp Committee gave the men in the wards a splendid entertainment Saturday evening. Under the management of Clayton W. Olds, a number of high class acts were presented. The chief number was a scene from the celebrated opera, "Robin Hood," in which Mrs. Winifred B. Smith appeared as the maid; Paul F. Handel as "Guy," and Barnett Smith as the Sheriff of Nottingham. This number, which was presented in the costumes used in the old Robin Hood company, delighted the men in the various wards.

The other numbers offered were solos by Mrs. Bannister and Miss Whitaker; monologue by Joseph

Stuart and some fine harmony on the part of the quartet from the Montclair Glee Club. Miss Emily Greenough was the accompanist.

The evening's entertainment began at Ward 12 and included most of the wards down to 19. The entertainers then crossed over to Ward 3 and closed the session at Ward 1. A piano was transported from ward to ward. The men remained in their beds during the entertainment. All expressed great appreciation of the program.

#### PERSONNEL OFFICE DEFEATS EDUCATIONAL SERVICE.

The Personnel Office met and defeated the Educational Service in a six-inning game at the Athletic Field Thursday afternoon, June the 12th. The Personnel Office scored five runs in the first inning and cinched the game. They have a fine battery in Laudenslager, pitcher, and Davis, catcher, and from the showing the whole team made it is apparent that the various departments will have a hard time beating them. The score was Personnel Office, 10; Educational Service, 5.

W. N. Wilson, who has been secretary of the Y. M. C. A. at this post since March, resigned his position and left Saturday for Porto Rico, where he will engage in welfare work. He has been succeeded by Mr. Germain.

?

Can your read your writing when it's cold? Do you need to learn left-hand writing? Spend an hour a day upon it and you'll soon be an expert. Penmanship in Ward 30.

#### "REBEL" BASEBALL TEAM.

The latest addition to local athletic circles is the baseball team being organized by Private Louis Harrison. The organization will be known as the "Rebel" team and plans to play its first game soon. A meeting will be held Monday evening in the Physical Therapy gymnasium, at which time a schedule will be arranged. Private Harrison organized a team at this Post last summer and the players made a good record.

\*\*\*\*\*  
\* A. D. 1919. \*  
\*\*\*\*\*

I'm married to a stunning girl—  
A maid of modern style,  
She is the sweetest thing alive  
And has the sweetest smile.  
She cannot sew a button on,  
Her cooking has its faults,  
She cannot even boil an egg—  
But oh, how she can waltz!

She likes to go to cabarets,  
And knows each rag-time ditty,  
She knows what drug-store stuff to use,  
To make herself look pretty;

She sleeps each morning up to ten  
And heeds the ringing clock not,  
She cannot cook, or bake or sew—  
But oh, how she can fox-trot!  
—"Hubby," Ward 7.

Captain Elmer J. Lambert, M. C., and 1st Lieut. John J. Burns, M. C., have reported here to join the Surgical Staff.

Pvt. Armand Blaiss, of Ward 17, on Tuesday was presented with a watch fob, the gift of the Red Cross chapter of Fall River, Mass. The presentation was made by Mr. Wilkinson, Field Director of the Red Cross.

#### F. F. PROCTOR'S ENTERPRISES

ELIZABETH, N. J.

PROCTOR'S EAST JERSEY STREET THEATRE

High Class Vaudeville

PROCTOR'S BROAD STREET THEATRE

Photo Features

PLAINFIELD, N. J.

PROCTOR'S THEATRE

Photo Features

#### BASEBALL AND TENNIS GOODS

At

T. H. ROBERTS

146-148 MAIN STREET.

RAHWAY, N. J.

### Special Prices

to all persons in uniform on Baseball, Tennis, and other Sporting Goods.

We are sole agents for Harley-Davidson and Indian Motorcycles

We handle the standard makes of Bicycles.

VISIT OUR NEW STORE

JAMES Mc COLLUM

23 CHERRY STREET.

RAHWAY, N. J.

### Newark Leather Goods Works

27 DIVISION PLACE

NEWARK

Manufacturers of

Valises, Handbags and Suit Cases

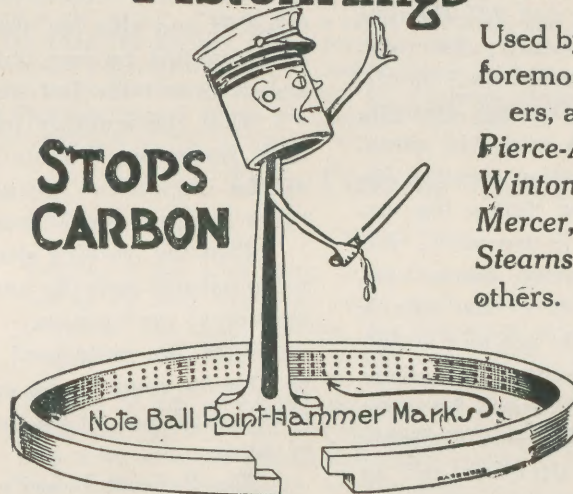
Our Goods on Sale at

the POST EXCHANGE

## American HAMMERED Piston Rings

THEY'LL GIVE your old car 30% more power and save 25% to 50% oil.

STOPS CARBON



Used by the country's foremost motor builders, among them Pierce-Arrow, White, Winton, Stutz, Nash, Mercer, Duesenberg, Stearns and scores of others.

Guaranteed Leak-tight.

Sizes for all Motors

MONEY BACK IF RESULTS ARE NOT SATISFACTORY



A. W. FOSTER CO., Inc.

DISTRIBUTORS

Phone 261

RAHWAY, N. J.



**" OVER HERE "**

Official Publication of

U. S. ARMY GENERAL HOSPITAL, No. 3

Rahway, N. J.

Published Every Friday

By authority of the Surgeon General of the Army

**Lt.-Colonel A. P. Upshur, Medical Corps**  
Commanding Officer**Lieutenant John F. Reilly, Chaplain, Advisor**

Sgt. 1Cl W. E. Conway, Editor

Sgt. Harry G. Stack, Associate Editor

Corporal Edw. S. Bessman, Advertising Manager

All copy for Over Here must be in the hands of the Editor not later than Saturday night of each week.

OVER HERE is distributed, free of charge, to all at General Hospital No. 3.

Friday, June 20, 1919.

**WHAT THE SOLDIERS  
THINK OF THE ARMY.**

Unreserved opinions of 1,300 men of the Twelfth Division, at Camp Devens, Mass., have been obtained through the medium of carefully prepared questionnaires, thereby offering an opportunity to see how our military system appears to our citizen soldiers. While the questionnaires were given, mostly, to men who were known to be disgruntled, the returns show that 89 per cent. stated that army life had benefited them personally and 79 per cent. were glad they had had the training. Eighty-eight per cent. of the total number favored a system of universal military training.

Among the interesting data offered by the questionnaires were the statements of 30 men to the effect that their religion had been harmed while in the service, and of 127 who believed it had been benefited. Fifty claimed harm done to their morals, and 227 thought they were benefited in this way; 308 mentioned that they were benefited in their habits, and 974 in their health or physical strength. The answers to the question as to the necessity for the disciplinary relation existing between officers and men show that a big majority of the men believe it is necessary, that good discipline and familiarity cannot co-exist, and that the treatment of the men is more fair when the officers do not mix socially with their own men. So many men mentioned that this relation is misused by some younger officers that it would seem desirable to give this point special attention and to give younger officers more special instruction and training in their relations with the men. Only 17 per cent. of these men, who had an average of 10.7 months training, considered themselves to have acquired the 100 per cent. efficiency they would want before risking their lives in battle.

\* \* \* \* \*

If we could only find one of those 1916 magazine articles entitled, "After the War, What?" we would know just what to do.

**FOR THE GOOD  
OF THE MEN.**

Congress has charged the Federal Board for Vocational Education with the responsibility of returning each disabled soldier, sailor, or marine to some suitable civil employment, and with the duty of providing such training as may be required in each case. Under this policy the very best schools, colleges, and universities are opened to the disabled, tuition free. It should be noted that there will be no delay whatever in discharge from military duty on account of taking training, since discharge from service must be obtained before training with the Federal Board can begin.

Beneficiaries under the Federal Board's reeducational training policy are assured benefits such as no other policy provides. Among these benefits the following may be specified:

That each disability now regarded as a handicap shall be converted into an asset for the disabled, by the development of new capacities in place of those lost.

That the man and his dependents shall be supported while he is in training, developing these new capacities for living and working.

That each disabled man shall be given maximum protection for life through the full development of wage earning power.

That there shall be no lapse of policy through non-payment of premiums or assessments or failure of the company.

That participation in dividends, profits, and benefits, material and immaterial, shall be daily throughout life.

That upon completion of his training the disabled man shall be placed at work under equitable conditions of wages and hours.

That the interests of the retrained disabled man shall be fully safeguarded after placement.

That the retrained "disabled" man, made fit and able for useful service, shall not be compelled by any unforeseen exigency to accept unsuitable low-wage employment.

That the monthly payments by the War Risk Insurance Bureau for disabilities shall not be diminished because the disabled man takes training and becomes fit and able.

That the training shall be such as will develop natural capacity and shall be adapted to individual preferences.

That the untrained disabled man shall be able to compete on equal terms with the able-bodied man in his own profession or line of work.

The Federal Board's training policy is provided under the following conditions:

1. Disability amounting to 10 per cent. of total disability, as established by the Bureau of War Risk Insurance. 2. Discharge from military service.

The Federal Board proposes, so far as is possible by proper training and by selection of proper vocations, to reduce the percentage of disability in many cases to the zero point, and even in some cases to develop entirely new capacities.

**A WORD TO THE WORTHLESS.**

Don't work till you're weary you always can quit—

If your job is too tedious, forsake it;  
Some fellow that's filled with a little more grit

Is always quite willing to take it.  
He'll do all your work and a little bit more,  
And grin and keep on when he's tired  
Without getting grouchy, or peevish or sore,  
And he'll land in your job when you're fired!

Don't spend all your time at the beck of a boss—

If his orders annoy you, why stop;  
Some other young fellow will come right across

And do all the work in the shop.  
He'll settle right down to the gruelling grind  
And do things that YOU wouldn't try,  
And if you observe him you'll presently find  
That HE'LL be the boss, by and by.

Don't wear out your life in an effort to rise—  
It is easy to stay where you are;

But just keep your eyes on the fellow that tries,

And you'll find he can go pretty far.  
And maybe his name and his fame will adorn  
Full many a newspaper headline  
On the same cold and frosty and unhappy morn

That YOU take your place in the breadline!

—James J. Montague.

\* \* \* \* \*

Our idea of optimism is an enlisted man buying a paper and turning immediately to the financial page.

\* \* \* \* \*

Won't it be great sport to return to civil life and call the officers "Doc?"

\* \* \* \* \*

If it were not for the ex-Kaiser we never would have known of the wonderful versatility of the Nurses.

\* \* \* \* \*

Ex-soldiers must get over the habit of loafing the rest of the day after being paid.

\* \* \* \* \*

The test of salesmanship will come when a shoe man tries to sell a discharged doughboy a pair with pointed toes.

\* \* \* \* \*

The nation may go dry but the auto radiators will have their alcohol next winter, as before.

\* \* \* \* \*

Next to being decorated, the finest sensation is to sign the payroll just fifteen minutes before it is too late.

\* \* \* \* \*

The soda fountain may simulate the bar in many respects but it can never provide a man who can say, with success, "What's your pleasure, gentlemen?"





WITHOUT COOKS WE ARE NOTHING!

—Photo by Pvt. Address. Ward 21.

Here, men, is one of the shifts of cooks at the Patients' Mess. They are the men who prepare the chow and then, after losing their nerve, send the poor K. P.'s out in the open to serve the food while they remain hidden behind the stoves. But they are a bunch of good fellows and deserve a lot more sympathy and praise than they get. Most of them were cooks before they entered this man's army. Frinistance, Sergeant John Gillies, who is at the extreme right in the picture, formerly was chef at Teachers' College, Columbia University, New York City, N. Y., a town near Newark. He is the Commander in Chief of the Kitchen forces and soon will celebrate his first anniversary here, having arrived June 25, 1918. In the front row, from left to

right, are Chamberlain, of the Reading Hotel, Wilkesbarre, Pa.; Kolnosky, of Horn & Hardardt's shoot-a-nickel bakery, Philadelphia; Bohn, of the Bellevue-Stratford, Philadelphia; second row, Burke, who played ball at Reading, Pa.; Pope, of the Plaza Hotel, Boston; McPherson, of the Franklin Hotel, Pittsburgh; Shoef, of the Allen Hotel, Greensburg, Pa.; Frankhauser, pastry cook of Reading, Pa.; top row, Chiavona, who was a K. P. at the Green Hotel, Philadelphia; Giannina, who was ditto at ditto, and Houston Brown, the well known Arkansas farmer. All of which goes to show that cooks in Army kitchens are human and that even a K. P. has a mother. Will anyone have a second helping of fried soap?

#### RED CROSS.

Mr. Wilkinson, Field Director of the Red Cross, returned Monday from a brief vacation spent at Provincetown, Mass. During his absence the duties of Field Director were performed by Mr. Culin.

The usual Thursday night show proved a great success. The famous Ja Da Trio made up of three boys just recently discharged from service delivered several clever numbers in unique style and were very much appreciated. Both Harry Jolson, brother of Al. Jolson, and Irene Meyers did their specialties to the tune of much applause from the boys. Norman, the human frog, entertained with his clever contortions, his act being a real novelty. Richard Craig made the audience laugh continuously with his humorous turn with the Victrola. The Juggling Hennings and Carlisle & Co. were also on the bill.

#### RELIGIOUS SERVICES.

##### Sunday

6:15 a. m. Mass } Chaplain Reilly  
8:30 a. m. Mass }

10:30 a. m. Protestant Services  
Chaplain Leach

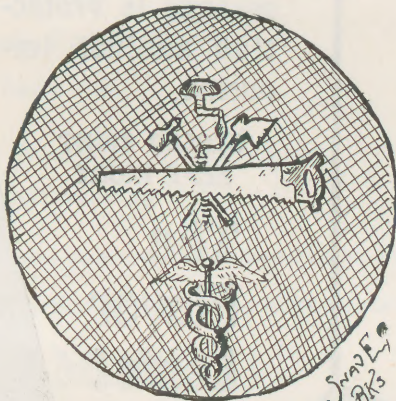
All above services are held in Chapel, rear of Ward 5, connecting with corridor.

8:00 p. m. Evening Service in Y. M. C. A.

##### Friday

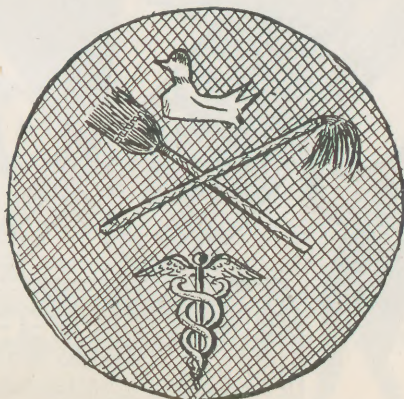
7:15 p. m. Jewish Services in Chapel

#### INSIGNIA SUGGESTIONS



—Drawn by "Snave."

For the men who are rated as Surgical Assistants.



For the men who are rated as Nurses.

## What The Wounded Soldier Reads

What does the wounded soldier read? What does he study to fit himself again for civilian life? What are the occupations in which he hopes to obtain employment?

The different subjects he studies and the books he reads are many. He has a variety of taste, which ranges from animal husbandry and zoology to banking and engineering. Nothing is too minute or too great for some soldier to have some particular interest in it.

The Vocational Library here is stocked with 1,500 volumes, with more being added every week; and no matter how unusual the request, the librarian is almost always able to grant it.

Sometimes, however, she gets a "sticker." For instance, one young man wanted a book on raising guinea pigs, and another wanted a 1919 atlas of Europe. In most all cases, however, the librarian is able to get the desired book within a few days if she does not carry it in stock.

There is a constant call for trade journals and magazines, and many of these are kept on hand. Among them are Motor Age, System, and Machinery.

The personal service of the librarian in the Hospital Vocational Libraries is a big factor in helping the wounded soldier with his studies. The librarians are all graduates of special library schools, where they do from one to two years of professional study, which is in addition to the regular college education most of them already have.

A day spent in a library, listening to the many questions asked the librarian, is enlightening. One gets the impression that a librarian is a walking encyclopedia. "Where is the Province of Tegucigalpa?" "What style of wiring is used in the motor in the mining locomotive manufactured by the General Electric Company?" "I want a book on etiquette; I got a girl now." "Have you a copy of the Bingville Blatter, or the Rocky Mountain Thunderer?" "Is it nearer to go to Punkville via Columbus, or via Fort Snellings?" These are typical

of the questions a librarian is called upon every day to answer.

Business leads all other subjects. Coynton's Business Law, Scott's Increasing Human Efficiency in Business, Maxwell's Salesmanship, and May's Criminal Law are some of the most popular volumes.

With the establishment here of a civil service bureau, the study of civil service subjects has been greatly increased. Waterman's Self Instruction in Courses in Civil Service is used a great deal. The plan of the government to give soldiers preference in many civil service positions, and the great variety of positions offered make this work especially attractive to the men.

The appeal of the outdoor life, and the opportunities in it for the handicapped make forestry, agriculture and poultry husbandry interesting to many. Moon's Elements of Forestry, Warren's Elements of Agriculture, and Lewis' Productive Poultry Husbandry have large circulation.

Dyke's Automobile and Gasolene Engine Encyclopedia is one of the most called for volumes, and Crane's American Stationary Engineering is also popular.

Most of the men interested in electrical work choose Croft's Wiring for Light and Power. Manly's Oxacetylene Welding and Chase's Decorative Design are two more of the busiest books in the place.

More and more, men are becoming interested in wireless telegraphy and there are daily requests for books on that subject. Hayward's How to Become a Wireless Operator is one of the best.

Books on the fourteen subjects above are called for more than any others. Some of those less frequently called for treat of embalming, criminal psychology, taxidermy, artificial flower making, and pastry cooking.

These are the books the wounded soldier reads. Thus does he fit himself during convalescence in the General Hospital to return to civil life and the new job he desires.

## Their Croix de Guerre

Poppies in the wheatfield, poppies in the grain,  
Lifting up their blood-red petals on the sunny plain,  
Overhead, the azure heavens, sky and earth atune  
Poppies in the wheatfield, on that mad wild day in June.

Poppies in the wheatfield, on the road that leads to death  
Bend and quiver, break and crumple, quickly on the morning breath  
O'er them sing the wicked bullets all around them hot flames brushed  
Poppies in the wheatfield, but the grain is sadly crushed.

Now, our boys come down the wheatfield, running fast with boyish tread  
In their helmets wave the poppies, plucked amid a rain of bullets  
Coming from the woods ahead.

Poppies in the wheatfield, bowing to the sun,  
Broken, trampled in the soil, but the precious ground is won.  
Just beyond the fringe of woodland as the setting sun's rays shine  
Lads with poppy covered helmets, grimly hold the ransomed line.

Poppies in the wheatfield, sadly with their heads bowed down,  
Softly, sweetly drop their petals on the silent forms around,  
Wrapped in royal shrouds of silver, made of moonbeams' mystic light,  
Withered poppies in their helmets, sleep the heroes of the fight.

—EDITH FROST STEVENS.



## CURRENT QUOTATIONS

"— and I tell you, on the level, Prunella, that picture you saw in my Ward is one I got with a magazine in France and I never went with her at all. Of course, she's a French girl and we all were nice to her so as to keep in right with her father who is a French officer — you've heard of him—he is Lieut. Colonel Liaison and he had a lot of men working for him. But, Sweetie, all the time I was in France you were the only one I was thinking of and when those French girls rushed out into the road after us and tried to hug us, I'd give 'em such a look that it would freeze them dead—and then I would concentrate my thoughts on you and make them look silly. Oh, Dearest, did I tell you what the Sergeant at the Information Desk told me after your last visit—he's the Sergeant who issues passes to visitors. Well, he said, that if the war was responsible for bringing you out to this Hospital, then Sherman was all wrong. You're not sore at me, are you? Atta girl! Mmmmmmmmmmm."



## WARD ROOMERS

Todd and Dushion, of Ward 7, say that last Sunday was a mighty dreary day—not a visitor all day. They want feminine company next Sunday. Line forms to the right.

Miss Rathbun, of Ward 9, asked Sgt. Sheehy why he had the flag at half staff. "Well," said Sheehy, "on the bed to the right is a patient who has just had an operation; on my left is one who is very sick. And there's a dead bone in my leg."

Jimmie Palmquist was so elated when the Reconstruction Aide who worked on him in France came out to call on him, that his grin tickled his ears for a week. Confidentially, Jimmie intimated that he is the fellow who started the fire at the School. "You remember," he said, "that a fellow was seen running at top speed from the building just before the fire was discovered. Well, that was I'm, as the fellow says. I ran my legs off."

Jim Simonette, while recovering from his 'steenth operation, asked Corporal Randolph, of the Personnel Office, when he would be through making payments on his Liberty Bond, Fourth issue. "July 31st," said Randolph. "July 31st," said Jim. "That's good. But you didn't tell me the year."

A "Canary Bird" party was held at the National Canteen, Sunday evening. The guests of honor were Cpl. Jimmy Palmquist, Barder and McKenzie. They were served on the new porch and everything went well until Jimmy used his new barrack cap for a napkin and Barder mistook McKenzie's coffee for a target and threw his crutch at it. The result is that a series of "round robin" wrestling bouts are to be arranged in which these three men are to be featured. The time and place of these bouts will be arranged later.

## BARRACK BUNK

Serg't. Fritchie: Do you own much farm land?

Serg't. West: I had five "achers." Fritchie: What became of the rest of them?

West: The Dental Clinic relieved me of two of them.

Altenhoff entertained the boys of Squad 3 one morning last week with a Tenor solo entitled, "Cheer Up Boys, The Thirst Is Yet to Come."

Serg't. Altman: When we get to the theatre we can loaf around the mezzanine.

London: Nix on those classy hotels for mine; I'll take my Coffee—and in Childs.

Serg't. Ed. Davidson was in Rochester, N. Y., on the Victory Loan Drive. While there the Ad. Club of that city entertained him with an after-dinner speech, without the dinner. "Do you like Dubonnet, Sergeant?" inquired one of the Clubmen. "Not as well as I did Du Barry," returned the Sarge, "and what's more that stuff is too heavy for Cecil Spooner."

Druck: Are you going to Midland beach?

Sistek: I'll "sea."

Gerber: Ship ahoy. That's a deep one.

Butler was at Brighton Beach Saturday but he couldn't walk in the sand because he didn't have his sandals on.

Pvt. Shekter says there is no more Dobell's solution left in the the world. He used it all while in Ward 19.

1st Wagoner: I have a swell machine home?

2nd Wagoner: Really?

1st Wagoner: No,—Velie.

Crawson: In Egypt Nero was a great orator.

Daly: Then "Zero" must have been a great thermometer.

Sergeant Federman, in charge of the Laundry Lynchers, has gone on furlough and all the Nurses from Ward 11 to Ward 1—his favorite walk—are sad.

## WHAT'S DA MAT?

Wagoner Cappolina, of the Ambulance Garage, went to Philadelphia last week to see why that firm has not completed the wheelbarrow he is to drive when he becomes a civvy.

## VOTES FOR WOMEN.

"Strawnary," said Sergeant Kendall last Sunday when he issued the pass for the fifteenth "sister" who called to see Dragon.

Lieut. Fraser was looking over the baseball field. "It certainly will be in good shape for next year," he said. There was no applause.

Said Corporal Victor Fleming, "The man who invented near-beer is a poor judge of distances."

Todd Ward, 7, is showing signs of recovery from his latest operation. He has started paging visitors with that deceitful falsetto of his.

## NURSES' NEWS.

The Misses Finnegan have returned from a fourteen-day furlough which they spent at their home.

Miss Staples has gone to Maine for a brief rest after her recent illness.

Miss Pauline Adams and Miss Edith Morris have gone on a sixteen-day leave to Boston.

Miss Wheeler has returned to duty after a visit at her home.

Miss Mollenhauer and Miss Gill are spending their leave of absence at Poughkeepsie, N. Y.

Miss Carroll is spending a week at her home in Northampton, Mass.

Representatives of the Athletic Association of the Prudential Insurance Company, of Newark, distributed cigars at Saturday's ball game.



## DON'TS FOR EX-SOLDIERS

—Drawn by Cimino, Ward 1.

Don't give orders to your boss (ex-private) because you used to be a sergeant.

# WRIGLEY'S

You will find all three flavors in the sealed packages—but look for the name

## WRIGLEY'S

because it is your protection against inferior imitations, just as the sealed package is protection against impurity.

SEALED TIGHT  
KEPT RIGHT

The  
Flavor  
Lasts!





YOU CAN RELY UPON GOOD WORKMANSHIP AND  
SATISFACTORY SERVICE WHEN YOU ASK FOR

# POMEROY

ARTIFICIAL LIMBS

16 EAST 42nd ST., NEW YORK

Shops and Fitting Rooms in the Following Cities

203 Livingston St., Brooklyn. 825 Broad St., Newark.  
340 Bridge St., Springfield. 41 West St., Boston.  
25 E. Washington St., Chicago. 38 Adams Ave., W., Detroit.

## The Rahway National Bank

RAHWAY, NEW JERSEY

DESIGNATED DEPOSITORY OF—

The United States  
State of New Jersey  
County of Union

OFFICERS:

FRANK H. SMITH, President FRANK M. STILLMAN, Vice-Pres.  
GARRET S. JONES, Cashier

DIRECTORS

Frank H. Smith, Frank H. Stillman, Fred C. Hyer, Henry H. Jardine,  
Thomas H. Roberts, Ross Vanderhoven, Garrett S. Jones

Thirsty?  
Just

# WHISTLE

THE PEP OF PURE CANE SUGAR  
AND FRUIT IN BOTTLES ONLY



CHICKEN  
and  
WAFFLE  
DINNERS

Accommo-  
dations for  
private par-  
ties.

COLONIA INN,

Lincoln Highway, between  
Rahway and Colonia

COLONIA, N. J.

Chicken Like It's Cooked at Home

## OVER HERE

On the Corner of IRVING AND CHERRY STREETS

## THE RAHWAY TRUST CO.

Is Ready to Serve You In Every  
Way a Bank Can.

Open MONDAY Evening from 5:00 to 8:30 o'clock  
as well as the usual banking hours

## Style plus Service

Every pair of shoes or oxfords that you buy at our store  
serves you in two highly important ways.

**First**—They are up-to-the-minute in style. You will al-  
ways be proud of them.

**Second**—They will fit you correctly and wear to your en-  
tire satisfaction. You can't ask any more of shoes than that.

The newest styles for both men and women are being  
featured. The prices are most reasonable.

VISIT OUR ORTHOPEDIC DEPARTMENT

### VAN ARSDALE'S

127 EAST FRONT STREET

Plainfield, N. J.

"The Centre of the Business Centre"

## WHY PAY MORE!!!

10% discount to all those connected with U. S. Hospital No. 3  
at

## Engelman's Dept. Store

128 MAIN STREET.

'Phone 214-M.

RAHWAY, N. J.

ON HAND

Men's O. D. KHAKI SHIRTS, best grade.

Men's B. V. D. and MUNSING UNDERWEAR, all styles.

Ladies' SILK UNDERCLOTHES of every description.

Ladies' SILK HOSE in all standard makes.

All kinds of BEADS and BEAD NEEDLES.

## Successful Banking

Successful banking means to us the success of our cus-  
tomers as well as of ourselves.

Therefore we handle the business entrusted to our care  
with the same efficient attention that we devote to our own af-  
fairs. The uniform satisfaction derived by our patrons is the  
best possible proof of the success of our service.

Your account is cordially invited.

## CITY NATIONAL BANK

Established 1875

PLAINFIELD, N. J.



## The Return of The Hero

**HOMETOWN, THIS STATE.**—Most everybody in town was down to the depot Saturday when the 2:02 made a special stop here in order that our returning hero, Acting Buck Private Henry Hunk, might reach home in the daytime and get himself photographed entering the automobile with the Mayor and other prominent citizens. The depot platform was so crowded with our town's best people that Otto Pancake, station agent, had to go clean around the Farmer's Cooperative Elevator before he could hand the fast-mail pouch to the men in the mail car. Joe Whipple's Silver Cornet Band played Stars and Stripes Forever and two unidentified pieces. It was the biggest day this town has seen since Bryan spoke here the first time.

Private Hunk was dressed in the conventional khaki when he alighted from the train. He had a lot of stripes and decorations which we were all interested to see and which we have since learned all about. On his left arm was a gold stripe showing that he had served six months in France and right above it was a blue stripe showing that he had served less than six months in France. On his right arm was another stripe which meant that he was shot in the arm during the Great War. On his left shoulder was a rainbow colored cloth. This, we understand, is worn by all men who don't belong to the Lost Battalion, so you can always tell what Division they belong to.

Turning a sharp right angle at the

depot the parade went up Main Street to the Commercial Hotel, those in the procession being Joe Whipple's Silver Cornet Band; grade school boys with national flag; Mayor, Private Hunk and other prominent citizens in Banker Deedon's Buick; the hero's Mother and Lizette Jones (sweetheart), in Dr. Jones' Cadillac; Maybelle McW. Thatcher-Brown who read her original poem, "Over There;" fire department in new auto hose cart; school children marching four abreast; the Four Minute Men and the W. S. S. Marching Club followed by a float advertising Sash's Trunk Factory.

A good time was had at the Commercial Hotel where the audience insisted that Private Hunk come out on the porch and make a speech. He said in part, "When do we eat" and told everyone that he was glad he had done his bit and that he had seen lots of places but none that looked like Hometown. (Applause.)

"Breathes there a man with soul so dead who never to himself hath said, this is my own, my native land."

Welcome home, Private Hunk, and long may you wave, say we.

—"VERITAS."

### HAVE YOU BEEN INVITED?

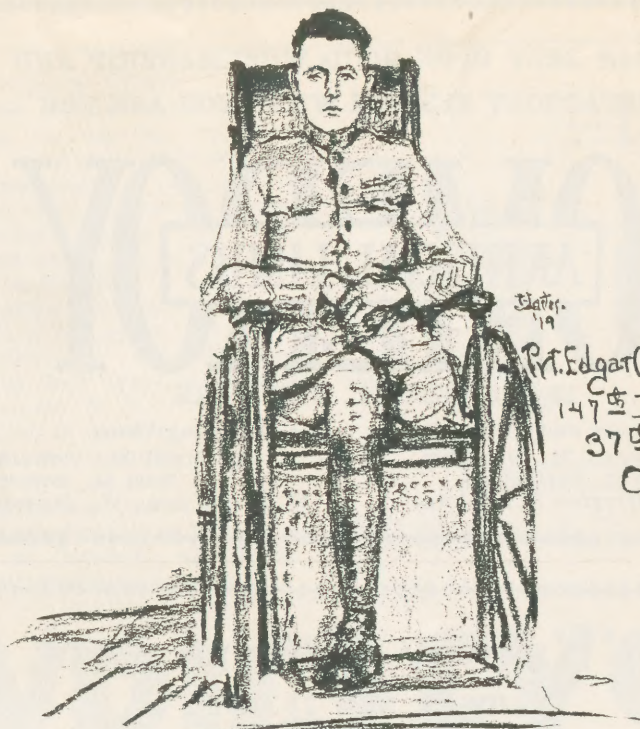
The favorite pastime of Messrs. Mansfield and Culin, of the Red Cross staff, is to invite an enlisted man to accompany them to the canteen to mess. Their Ford has no starter. You're right. The guest always does the cranking.

### READY! AIM! FIRE!

Lester: My brother's in the Navy.

Stack: Is he?

Lester: No, Eddie.



AT THE CANTEEN

—Drawn by J. Elizabeth Larter.

### OFFICERS' REPORT.

Lieut. Walsh has lost interest in the film business. One particularly interesting negative was a blank when it was developed.

Lieut. Roche, of Ward 16, is said to be a woman hater—and there is no use in trying to change his views.

Lieut. McNamara was Officer of the Day until Sunday noon. The of-

icer who relieved him was a little late and Lieut. McNamara almost missed his dinner.

### NOTHING TO DO UNTIL MORNING.

Mr. Heusel, of the Red Cross staff, gets restless after a mere 18-hour day. So, along about midnight, he steps out in the open near the R. C. house and plays basketball. We print this so the occupants of Officers' Ward will not be alarmed when Mr. Heusel does it again.

# A. W. FOSTER CO., Inc.

## GARAGE

POST EXCHANGE

CHECKS ARE

AS GOOD

AS CASH

WITH US



"WE TAKE

CARE OF

THE BOYS"

The Only **AUTHORIZED** Auto Service

Between **RAHWAY AND THE HOSPITAL**

**TAXI SERVICE AT ALL HOURS**

Phone 261

RAHWAY, N. J.